

FLOWER IN A STONEFIELD

Alternative rock from Lüneburg, Germany.
Full band or unplugged.

Watch us live **Book us**

@flowerinastonefield
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MEDIA KIT, NOVEMBER 2026



“I feel the weight of a flower in a stonefield, too close to let go, too far to come with.”

THE BAND IN BRIEF

BUILT FOR BIGGER STAGES

Two singles out, more on the way. Booking for end of 2026 and 2027.

Flower in a Stonefield (FIAS) is a four-piece rock band from Lüneburg, Germany.

Roommates Henrik Steenkamp and Ulaş Kahraman started the project out of shared ambition and a mutual taste in music, then brought in lyricist Hendrik Lantin and long-time local drummer Paul Pangritz. They recorded their first singles and album during a record-breaking heatwave, and within a week the first batch of Sweatsessions™ recordings was ready.

SOUND
Alternative rock
Brooding, melodic and cathartic, with layered guitars and a wide dynamic range

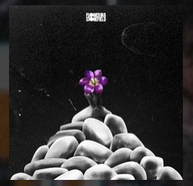
FOR FANS OF
Radiohead, Deftones, Alice in Chains, Foo Fighters

HOME
Lüneburg, Germany
30 minutes from Hamburg

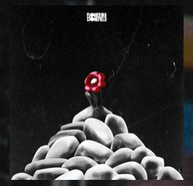
LINE-UP
Four-piece
Vocals, guitars, bass, drums

LIVE SET
30 to 60 minutes
Full band or unplugged

SONGS
12 originals, 3 covers
Set list available on request



MOTION SICK
Released 23.10.2026
Music video on YouTube



GASOLINE
Released 04.09.2026

Listen to both
On Spotify



Open Air Unplugged, Lüneburg, October 2026



Fête de la Musique, Lüneburg, June 2026

LIVE IN 2026

17.10.	**Open Air Unplugged, Lüneburg**	Mensawiese, at dusk
21.06.	**Fête de la Musique, Lüneburg**	Full band, open air, nearly an hour
13.06.	**Campus show**	Lecture hall, full band
03.05.	**Campus show**	International Society, C9

BAND LIVE



▶ Motion Sick



▶ NEWS



▶ Glasspane

CORE MEMBERS





HENRIK STEENKAMP

Bass
Songwriter



PAUL PANGRITZ

Drums
Percussion
Guitar



HENDRIK LANTIN

Vocals
Acoustic guitar
Rhythm guitar
Lyricist



ULAŞ KAHRAMAN

Main and lead guitarist

BOOK US

BOOKING CONTACT

GENERAL ENQUIRIES

flowerinastonefield@gmail.com

CONTACTS

Henrik Steenkamp	+49 15563 364025
Steven Krzeminski	+49 176 57797148

BOOKING FOR

End of 2026 and 2027. Cafés, pubs, clubs, support slots and festivals, full band or unplugged.

FIND US

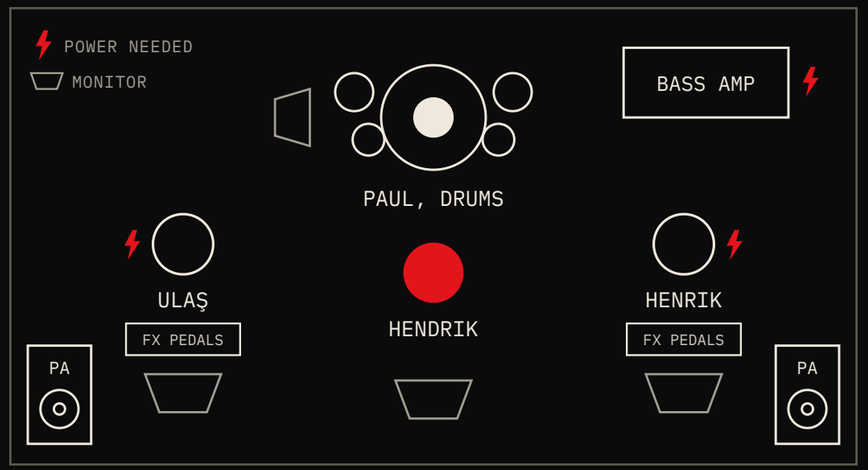
- instagram.com/flowerinastonefield
- Flower in a Stonefield on Spotify
- youtube.com/@flowerinastonefield
- flowerinastonefield.bandcamp.com

PHOTOS AND LOGOS

Open the press folder on Google Drive

TECHNICAL SET-UP

	PREFERRED SET-UP	MINIMAL SET-UP
Full band	PA with sound engineer, 4 monitor mixes, 9 inputs, 20-minute soundcheck	Vocal PA with 2 mics, 1 monitor, 15-minute line check
Unplugged	Small PA, 2 vocal mics, 2 DIs, 1 monitor, 20-minute soundcheck	2 vocal mics and a small speaker. Can play without drums



AUDIENCE

Full tech rider available on inquiry

We bring guitars, bass, pedals, bass amp and drum kit.

FOR YOUR LISTING

Flower in a Stonefield (FIAS) is a four-piece rock band from Lüneburg. Started by two roommates out of shared ambition and a mutual taste in music, the band recorded its first singles and album during a record-breaking heatwave for the indie record label Sweatsessions™. Brooding, melodic alternative rock for fans of Radiohead and Deftones.

Flower in a Stonefield (FIAS) ist eine vierköpfige Rockband aus Lüneburg. Von zwei Mitbewohnern aus gemeinsamem Ehrgeiz und geteiltem Musikgeschmack gegründet, nahm die Band ihre ersten Singles und ihr Album während einer Rekordhitzewelle für das Indie-Label Sweatsessions™ auf. Düsterer, melodischer Alternative Rock für Fans von Radiohead und Deftones.

RIGHTS

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